



# Drinks and Food Menu

## Coffee

Espresso...	...£3.00
Cortado...	...£3.20
<b>Flat White...</b>	...£3.50
Cappuccino...	...£3.80
<b>Latte...</b>	...£4.00
Chai Latte...	...£4.00
Mocha...	...£4.50
Matcha...	...£4.50
Americano...	...£3.60
Long Black...	...£3.60

Our specialty coffee comes from **Cuppers Choice Coffee Roasters**, based in Sheffield.

Our house blend, Cuppers Choice - Players Gold, uses ethically sourced Costa Rican and Rwandan coffee beans. The blend brings flavours of berries, fruits, and chocolate.

If you would like an alternative milk to dairy milk, we stock oat milk and almond milk.

Iced Drinks...	...+£0.50
Syrups...	...+£0.50
Marshmallows...	...+£0.50

Islands Hot Chocolate... ...£4.50

At Hub and Health, we stock loose-leaf specialty teas that are hand-blended in the UK. If you require more water for your tea, please speak to a member of staff.

## Teas... ...£3.50

English Breakfast	Spiced Apple Chai
Earl Grey	Ginger and Lemongrass
Lapsang Souchong	Peachy Chamomile
Jasmine and Mint Green	Forest Fruits



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Our bread comes from **Bradwall Bakehouse** and is paired with lightly salted butter made by **Reaseheath Agricultural College**. We have GF options available.

## Toasts

Sourdough Toast...	...£3.00
Teacake...	...£3.00
Jam, Marmalade...	...£0.50
Honey...	...£1.00

## Baked Goods

Cakes...	...£4.00
Chocolate Cakes...	...£4.50
Brownies...	...£4.50
GF Options...	...£4.50

## Savouries

Sandwiches...	...£4.00
Sausage Rolls...	...£4.00/£4.50

The Hub's baked goods, sausage rolls, and sandwiches come from local bakers, **Bell's Pantry**. As our stock from Bell's Pantry rotates regularly, we are not able to list all of our available food options, but please chat to a member of the H&H team for additional information.

## Cold-Pressed Juices

Apple Juice...	...£3.50
Orange Juice...	...£3.50
<b>Health Juice...</b>	...£4.50
Health Shot...	...£2.50

Our cold-pressed juices come from family-owned grocers, **Waterhouse's Quality Food**.

The juices are made from 100% pure, organic, raw fruit and veg, and are pressed by the Waterhouse's team, so each juice is packed full of nutrients and vitamins.

We offer discounts to blue light workers, and teachers.